



# The Erotic Playsheet

Describe your feelings and desires at this moment.

I am feeling:

The chakra I am most aware of is:

The feeling in that chakra is:

I definitely want:

I definitely don't want:

By the end of this ritual I would like to feel:

My intention is:

Right now I want to use the following techniques and props:

Breath:

Breath orgasm technique:

Erotic activity:

Cock massage strokes:

Position to fuck in:

Pussy massage strokes:

Ritual attire:

Ritual style:

Sensation producing device:

Sex toy:

Sounds:

Visualization:

Sensations I'd like to feel: